



GENERAL

Food	Day	Rate	Price
Piece Fruit	E	G	\$1.00
Fruit Cup	E	G	\$1.00
Veggie Cup	E	G	\$1.00
Veggie Dipper	E	G	\$1.00
Frozen Orange	E	G	50c
Frozen Yoghurt	E	G	\$2.00
Cheesie	E	G	\$1.50
Veggie Chips	E	G	\$1.50
Popcorn	E	G	80c
Yoghurt Pouch	E	G	\$2.00
Yoghurt Tub	E	G	\$2.40
Berry Smoothy *** (Made fresh)	E	G	\$3.00
Muffin	M/F	A	\$2.00
Biscuits	T/Th	A	50c
Hash Brown	W/F	A	50c
Various Ice Creams	E	A	50-\$3
*** Pre order am			

Supporting & complying with the Department of Educations Healthy Food & Drink Policy (HFD).

www.quickcliq.com.au orders close 9am

To help schools, the WA Government has set policy and standards for the provision of healthy food and drinks in public schools. These are based on the Traffic Light System.



RED = OFF the menu

AMBER = Select carefully

GREEN = FILL the menu

All processed food and drink must meet a minimum nutrient standard. **Red** foods do not and are removed. **Amber** foods are restricted to offered 2 times per week. **Green** foods are offered everyday and have a high nutrient value. QBPS serves only wholemeal bread.

ORDERING PROCEDURE

- Orders must be placed before **9am**.
- Please write your order on a paper bag, with name and class
- Orders can be made for recess, lunch or multiple days.
- Please advise if your child has an allergy.
- Food for children with allergies is prepared separately.

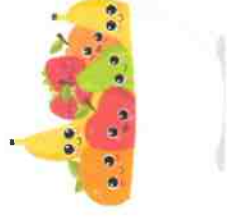
www.quickcliq.com.au orders close 9am

QUINNS BEACH PRIMARY SCHOOL

QUINNS BEACH
SCHOOL



Canteen Menu 2022



Open everyday 8am – 9am for orders over the counter. EFTPOS now available.

Online sales www.quickcliq.com.au

Available for parents & staff barista style coffees. Espresso, Cappuccino, Latte, Tea, Hot Chocolate etc Small, Medium, Large, Full Cream, Hilo, Soy & Almond milk available. Refill Mugs Welcome FREE COFFEE CLUB, purchase 9, 10th is Free.



www.quickcliq.com.au orders close 9am

Daily Specials

Monday

Pie / Sausage Roll	A	\$4.00	Sauce 50c
Chicken Casserole	G	\$4.00 sm	\$5.00 Lge

Tuesday

Hot Chicken Roll	A	½ \$2.50	Whole \$4.50
Hot Beef Roll	A		\$4.50
Baton Burger	G		\$4.50
<small>(Beef Pattie, lettuce, carrot, tomato)</small>			

Wednesday

Hot Chicken Roll	A	½ \$2.50	Whole \$4.50
Hot Beef Roll	A		\$4.50
Fish Finger Feast	G		\$4.50
<small>(2 fish fingers, mash potato, corn cob)</small>			

Thursday

Roast Chicken Dinner	G	\$4.50	
<small>(Oven roasted chicken drumstick, corn cobb, peas, mashed potato)</small>			
Fried Rice (Chicken & Veg)	G	\$4.00 sm	\$5.00 Lge

Friday

Pizza Ham/Cheese or Ham/Pineapple	A	\$4.00	
Chicken Casserole	G	\$4.00 sm	\$5.00 Lge


***** LATE LUNCH *****

All lunch orders must be received before **9am**. Orders received after this will receive a Late Lunch Pack. This is a vegemite sandwich, piece of fruit and a bottle of water

LUNCH (HOT) AVAILABLE DAILY

Maccaroni & Cheese	G	\$4.50
Lasagne	G	\$4.50
Bolognaise Twist	G	\$4.50
Nachos	G	\$4.50
Quiche (Lorraine / Spinach & Fetta)	G	\$4.50
Chicken Drumstick	A	\$2.80
Corn Cobb	G	\$1.30

SALADS AVAILABLE DAILY

 GARDEN SALAD	G	\$2.50 / Lg \$4.00
<small>Lettuce, cucumber, carrot, tomato</small>		
 RAINBOW SALAD	G	\$4.00 / Lg \$5.00
<small>Lettuce, carrot, cucumber, tomato, beetroot cubes, corn kernels</small>		
 GREEK SALAD	G	\$5.00
<small>Cucumber, tomato, olives, fetta</small>		
Extras = Cheese, Beetroot, Ham, Chicken, Egg 80c		

DRINKS

Water	G	\$1.50
Milk	G	\$2.00
Hot Chocolate	A	\$2.00
Juice Box	A	\$2.20
Up & Go	A (Choc/Strw/Ban)	\$2.20
Juice Bomb	A	\$2.50
Choc Milk	A	\$2.50
Berry Smoothy (made to order)	G	\$3.00

SANDWICHES

Filling	S-wich	Roll/Wrap	Toasted
Vegemite G	\$2.00	\$2.50	\$2.50
Cheese G	\$2.20	\$2.70	\$2.70
Cheese & Vegemite G	\$2.30	\$2.80	\$2.80
Cheese & Tomato G	\$2.80	\$3.30	\$3.30
Cheese & Salad G	\$3.80	\$4.30	
Cheese & Ham G	\$3.50	\$4.00	\$4.00
Cheese/Ham/Tom G	\$3.80	\$4.30	\$4.20
Cheese & Chicken G	\$3.50	\$4.00	\$4.00
Ham/Chicken/Tuna/Egg only G	\$3.00	\$3.50	\$3.50
SALAD : Lettuce carrot tomato cucumber G	\$3.00	\$3.50	
Ham/Chicken/Tuna/Egg & Salad G	\$3.80	\$4.30	
Egg & Mayonaise G	\$3.80	\$4.30	\$4.30
Extras =	Add	Add	Add
Egg, Cheese, Beetroot add 80c ea	80c	80c	80c
GLUTEN FREE add 50c			

QBPS meets the standards for the provision of nutritional food in schools.

Canteen Volunteers

If you'd like to volunteer and help prepare our fresh foods for the day, please look online via www.quickcliq.com.au under the volunteering tab.

